

BetStop – the National Self-Exclusion Register™

Year in review

BetStop – The National Self-Exclusion Register™ celebrates its first anniversary – and the 28,000+ Australians so far who have self-excluded from gambling in Australia.

An Australian government initiative, the Register allows people to self-exclude from 3 months up to a lifetime from all licensed online and phone wagering providers in Australia in one easy process.

Registration trends

More than 28,300 Australian have registered to self-exclude since the Register began.

- Registration numbers have remained largely consistent, with an average of 1,600 registrations each month over the past 6 months.
- Registrations increase at key events, including the AFL and NRL finals, and the Melbourne Cup and New Year periods, with Saturday to Monday the most common days to register.
- More than 2,100 registrants have extended their exclusion period, with a third extending to lifetime exclusion.
- More than 1,900 users have reactivated their exclusion after they completed their initial exclusion.

Demographics

There has been a high take-up among younger Australians. Almost half of registrants are aged 30 or under; around 80% are aged 40 or under:

- 30 years and under: 49%
- 31–40: 30%
- 41–50: 21%
- 51–60: 6%
- 60+ years: 3%.

Registrants' locations largely correspond to the population distribution of the country.

More information

- BetStop – The National Self-Exclusion Register: betstop.gov.au
- National gambling helpline, [Gambling Help Online](#)

Self-exclusion periods

Users can choose to self-exclude for a minimum of 3 months and up to a lifetime.

- Around 2 out of every 5 users sign-up for lifetime exclusion. Of current users, nearly half (47%) have self-excluded for life. Only 1 in 6 of all users (17%) have chosen to exclude for the minimum of 3 months.

There is variation across age groups:

- Lifetime self-exclusion is the most selected period for registrants aged 31 and over. Three in 5 aged 60 years and over chose to self-exclude for life, in comparison to 3 in 10 of those aged 30 and younger.

Coming off the Register

People come off the Register mostly because they have completed their exclusion.

Registrants can apply to cancel self-exclusion early, after they have completed at least 3 months. They must first discuss their decision to cancel their self-exclusion with a counsellor or a general practitioner and complete a statutory declaration. Only around 1% of total registrants (330 people) have cancelled their self-exclusion.

There were around 23,000 (82%) current users as of 21 August 2024.

Having support helps

Registered users can nominate someone to support them during their exclusion. Support people are notified about key events, such when exclusion is about to end or if users apply to cancel their exclusion early.

Around 1 in 10 current users have nominated someone to support them. Current users with a support person are more likely to exclude for their lifetime (60% versus 45%) and users who have come off the register were less likely to have a support person.